

Family Martial Arts Center - Evening Classes

SEPTEMBER 2017

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
3	4 NO CLASSES HAPPY LABOR DAY & SAFE WEEKEND	5 5:30 LITTLE NINJA'S 6:00 ONE-STEPS 1-40 6:30 FORMS 1-8	6 5:30 ONE-STEPS & TD'S 6:00 FUNDAMENTALS 6:45 WEAPONS CLASS	7 5:30 LITTLE NINJA'S 6:00 ADV. FUNDAMENTALS 6:30 SPARRING & DRILLS	8 NO CLASSES	9
10	11 5:30 KICK DRILLS 6:00 HIGH FORMS 6:45 BLACK BELTS	12 5:30 LITTLE NINJA'S 6:00 FUNDAMENTALS 6:30 ADV. ONE-STEPS	13 5:30 ADV. KICKS 6:00 ONE-STEPS & TD'S 6:45 SPARRING CLASS	14 5:30 LITTLE NINJA'S 6:00 FORMS 1-5 6:30 FORMS 6 & UP	15 NO CLASSES	16
17 T-SHIRT WEEK WEAR YOUR FAVORITE MARTIAL ARTS T-SHIRT	18 5:30 ROLLS & KICKS 6:00 PROPER FALLING 6:45 BLACK BELTS	19 5:30 LITTLE NINJA'S 6:00 COMBO KICKS 6:30 FORMS	20 5:30 ADV ONE-STEPS 6:00 SPARRING 2 ON 1 6:45 WEAPONS CLASS	21 5:30 LITTLE NINJA'S 6:00 ADV. FUNDAMENTALS 6:30 TAKEDOWNS & KICKS	22 NO CLASSES	23
24	25 STUDENT PRE-TESTING MUST HAVE GREEN STRIPE TO ATTEND 6:00 PM	26 5:30 LITTLE NINJA'S 6:00 ONE-STEPS & ADV. 6:30 FORMS	27 5:30 LITTLE NINJA'S 6:00 SPARRING & DRILLS 6:30 TEST REVIEW	28 STUDENT TESTING MUST ATTEND PRE-TESTING	29 NO CLASSES	30

*** NEW SCHEDULE FOR SEPTEMBER!**

This is a trial schedule for everyone to try. Classes are open to all belts for students to take or assist more than one class per day. Please share your feedback to Master Scott so that we may continue to give your family the best instruction!